## **Menu & Dietary Information**

2024 LDSPMA Conference

All lunches and dinners include vegan, vegetarian, gluten-free, and dairy-free options.

Meals are nut-free unless noted.

Note: All food items are prepared in a facility that uses gluten, milk, soy, eggs, nuts, and shellfish. Dietary-needs foods will be served on a separate buffet line to avoid cross-contamination. If you do not have a dietary need, please do not dish up the dietary option.

We will also have water bottles and a variety of packaged snacks available at the check-in table.

If you have special dietary needs that are not satisfied by the available options, please email us at <a href="mailto:info@ldspma.org">info@ldspma.org</a> so we can arrange either a substitute or a meal voucher to buy a meal at a campus vendor.

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|--|--|--|--|--|
| Publishers'  | Summit Opening Mingle (C   | oct 17)  |  |  |
| Yogurt Parfait<br>Cup  | Yogurt (vanilla or strawberry), berries, and granola.  | Gluten-free,<br>vegetarian   |  |  |
| Muffin   | Blueberry, chocolate, poppy seed, or cinnamon streusel.  | Vegetarian   |  |  |
|  |  |  |  |  |
| Thursday Lu  | ınch (Oct 17)  |  |  |  |
| Loaded Potato<br>Bar   | Baked Idaho potato, scallions, butter, sour cream, shredded cheddar cheese, and crumbled bacon. Served with beef chili, grilled vegetables, and Tuscan baci roll with butter | Gluten-free with<br>a gluten-free<br>roll<br>Vegetarian<br>without bacon |  |  |
| Fresh Fruit<br>Salad   | Freshly chopped cantaloupe, grapes, honeydew, and pineapple.   | Gluten-free,<br>vegetarian,<br>vegan, dairy-<br>free                     |  |  |
| Specialty Bars   | Brownie, caramel, raspberry, seven layer, and lime.  | Vegetarian   |  |  |
| Dietary Needs  |  |  |  |  |
| Garden Veggie<br>Wraps   | Spring mix lettuce, cucumber, onion, tomato, garlic black bean spread, and balsamic glaze on a spinach flour tortilla.   | Vegetarian,<br>vegan, dairy-<br>free                                     |  |  |
| Gluten-Free<br>Bread   |  | Gluten-free,<br>vegetarian   |  |  |
| Coconut<br>Macaroons   | Chewy coconut roasted and drizzled with chocolate.   | Gluten-free,<br>vegetarian   |  |  |
|  |  | ,  |  |  |
| Thursday ZI  | FF Networking Dinner (Oct  | 17)  |  |  |
| Pot Roast  | 6oz slow-cooked pot roast served with<br>loaded mashed potatoes, roasted<br>seasonal vegetables, and beef gravy<br>Includes Tuscan baci roll and butter                      | Gluten-free with<br>a gluten-free<br>roll                                |  |  |
| Assorted Italian<br>Cookies                                    | Boboline, margherite, granellati, torcetti, duetto, and frollini   | Vegetarian   |  |  |
|  |  |  |  |  |

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|-----------------------------|--|--------------------------------------|
| Dietary Needs               |  |                                      |
| Garden Veggie<br>Wraps      | Spring mix lettuce, cucumber, onion, tomato, garlic black bean spread, and balsamic glaze on a spinach flour tortilla. | Vegetarian,<br>vegan, dairy-<br>free |
| Gluten-Free<br>Bread        |  | Gluten-free,<br>vegetarian           |
| Chocolate<br>Mousse Cup     | Rich and fluffy mousse topped with whipped cream and berries.  |                                      |
|                             |  |                                      |

| Friday Lunch (Oct 18) |  |   |  |  |
|-----------------------|--|---|--|--|
| Mexi Bowl             | Spanish rice, grilled chipotle chicken or<br>shredded pork, roasted corn and black<br>bean mix, tomatoes, cilantro, feta<br>cheese, avocado, limes, and cilantro<br>dressing | Gluten free                             |  |  |
| Cheesecake<br>Bites   | Vanilla, chocolate, and strawberry.  | Vegetarian                              |  |  |
| Dietary Needs         |  |   |  |  |
| Veggie Bowl           | Jasmine rice, arugula, beets, carrots, cucumbers, tomatoes, onions, peppers, tofu, and honey yogurt aioli.   | Vegan and<br>dairy-free<br>without aiol |  |  |
| French                | Lemon, raspberry, vanilla, chocolate,  | Contains nuts                           |  |  |

coffee, and pistachio.

Macarons

Contains nuts

| Gala VIP Meet-and-Greet (Oct 18)       |  |   |  |  |
|--|--|---|--|--|
| Caprese<br>Skewers                     | Grape tomatoes, mozzarella ball, and basil leaf drizzled with balsamic glaze.  | Gluten-free,<br>vegetarian                          |  |  |
| Friday Nigh                            | t Awards Gala (Oct 18)   |   |  |  |
| Bacon-<br>Wrapped Pork<br>Loin         | Roasted pork loin wrapped in bacon and topped with apple cream sauce. Served with loaded mashed potatoes, roasted seasonal vegetables, and a Tuscan baci roll. | Gluten-free with<br>gluten-free roll                |  |  |
| Specialty Bars                         | Brownie, caramel, raspberry, seven layer, and lime.  | Vegetarian  |  |  |
| Dietary Needs                          |  |   |  |  |
| Ratatouille                            | Eggplant, bell peppers, mushrooms, onions, squash, tomatoes, zucchini, and tomato sauce. Served with longgrain white rice.                                     | Vegetarian,<br>vegan, dairy-<br>free                |  |  |
| Gluten-Free Bre                        | ad   | Gluten-free   |  |  |
| Coconut<br>Macaroons                   | Chewy coconut roasted and drizzled with chocolate.   | Gluten-free,<br>vegetarian                          |  |  |
|  |  |   |  |  |
| Saturday Lu                            | ınch (Oct 19)  |   |  |  |
| Beef Chili Soup                        | Ground beef, kidney beans, tomato, red onion, and spices   | Gluten free,<br>dairy free                          |  |  |
| Roasted<br>Butternut<br>Squash Soup    | Coconut base with butternut squash, onions, and spices   | Gluten free,<br>vegetarian,<br>vegan, dairy<br>free |  |  |
| Loaded Potato<br>Soup                  | Potato cream base with onion, carrot, potato, bacon, and spices.   | Gluten free   |  |  |
| Tomato Basil<br>Soup                   | Vegetable base with roasted tomatoes, onions, and spices.  | Gluten free,<br>vegetarian,<br>vegan, dairy<br>free |  |  |
| Tuscan Baci<br>Roll and Butter         |  | Vegetarian  |  |  |
| House Salad                            | Mixed greens, grape tomato, cucumber, carrots, red onion, cucumbers, ranch dressing, and croutons  | Vegetarian  |  |  |
| Assorted<br>Cookies                    | Chocolate chip, oatmeal raisin, M&Ms, and sugar cookie   | Vegetarian  |  |  |
| Dietary Needs                          |  |   |  |  |
| House Salad                            | Mixed greens, grape tomato, cucumber, carrots, red onion, cucumbers, balsamic vinaigerette dressing (no croutons)  | Gluten-free,<br>vegetarian,<br>vegan                |  |  |
| Gluten-Free Bre                        | ad   | Gluten-free   |  |  |
| French<br>Macarons                     | Lemon, raspberry, vanilla, chocolate, coffee, and pistachio.   | Contains nuts                                       |  |  |
| Saturday Leadership Meeting (Oct 19)   |  |   |  |  |
| Rainbow Grilled<br>Veggie<br>Pinwheels | Tomato basil tortilla, herb spread, carrots, spinach, roasted tomatoes, onions, and peppers.   | Vegetarian  |  |  |
| Southwest<br>Chicken<br>Pinwheels      | Chipotle tortilla, chipotle spread, grilled chicken, black beans, corn, pepper, cheese blend, and cilantro.  |   |  |  |
| Greek<br>Pinwheels                     | Spinach flour tortilla, hummus, feta cheese, tomatoes, black olives, and spinach.  | Vegetarian  |  |  |
| Fruit Skewers                          | Freshly chopped cantaloupe,<br>honeydew, pineapple, and grapes   | Gluten-free,<br>vegan                               |  |  |
| Brownies                               | Mint, caramel, and fudge.  | Vegetarian  |  |  |
| Dietary Needs                          |  |   |  |  |
| Hummus & Pita<br>Chips                 | Fried pita wedges with house-made roasted red pepper hummus.   | Vegetarian,<br>vegan, dairy-free                    |  |  |

Roasted red potatoes piped with herb

Gluten-free

Gluten-free,

vegan

cream cheese and crumbled bacon

filling. Topped with fresh scallions

Roasted coconut drizzled with

chocolate

Stuffed Potato

Bites

Coconut

Macaroons